As time passes, the skin on your face and cheeks begin to sag and crease. Have you ever looked in the mirror and wished to take years off your face, to look younger, but without all the hassle of a major surgery? It is possible to achieve a more youthful look without having to deal with downtime and a hospital stay. The Silhouette Lift is a new approach to giving your face a younger, fresher look without the use of plastic surgery.

Silhouette Lift is a new technique developed for use with Silhouette Sutures, a FDA approved new suspension thread. This minimally invasive technique is used to lift and reposition sagging mid face tissue in the office. It is performed in the office with local anesthetic in less than 45 minutes. Silhouette Lift is ideal for correcting nasolabial folds, expression lines as well as the oval of the face, cheeks and neck. It is an efficient technique for both men and women.

The results are outstanding. Facial tiredness is erased, giving you a younger and very natural appearance for many years to come.

Advantages of Silhouette lift:

- Office procedure under local anesthesia
- Less than 1 hour surgery with tiny incisions
- New thread suspension technique with re-absorbabe cones
- Improve Jowls, neck and the mid face (cheek)
- Immediate result with no visible scar
- Brief downtime with minimal swelling and rare bruising
- Outstanding result with natural appearance

Frequently Asked Questions

How are Silhouette Sutures different from barbed sutures and conventional sutures?

Unlike conventional barbed sutures, Silhouette sutures do not have sharp barbs that can weaken the suture's strength. It is made from 3-0 polypropylene substrate, a material that makes it easier to tie small knots; Tissue grows around the small knots in the non absorbable suture to allow for long-lasting tissue suspension. It also uses clear absorbable cones for stronger holding, which are absorbed over time.

Who is an ideal candidate for a Silhouette Lift?

An ideal candidate would be someone between 40-60 years old who shows signs of sagging skin in their mid-face area. Both men and women are suitable for this procedure.

How is the procedure performed?

A local anesthesia and relaxant will be given to you to make you feel more comfortable. The procedure takes place in four stages—insertion, deployment, anchoring, and suspension-fixation. The threads are inserted on the bias through a micro-incision in the temporal region. The Silhouette Life sutures are not barbed which avoids any tissue damage and other problem and thanks to small re-absorbable cones which anchor themselves in deep tissue, a tension is produced which lifts the sagging tissue. The fibrosis around the suture produces a much stronger suspension mechanism than traditional methods.
What are the benefits of a Silhouette Lift?
The results are first and foremost natural. Your face is refreshed but you remain the same. Silhouette Lift is efficient for the jowls, the nasogenien groove, the neck and the brows.

Will I still be able to have a mini facelift or a browlift at another time?
Yes, absolutely.

How long is the recovery time?
Patients can go back to their normal activities within two days but it usually takes ten days for the skin to fully recover its natural aspect and for all marks to disappear.

How long do the results last?
This depends on the age of patient, the degree of sagging, and the number of threads used in the procedure. The unique features of Silhouette Sutures enable them to be retentionned after 3 years if the patient wants to. As the scar tissue formation is very strong with Silhouette Sutures, your doctor can very easily relift them after a while. Additional threads may be added as needed.

Is Silhouette Lift an alternative to mini facelift or a traditional facelift?
A Silhouette Lift can not replace a mini facelift or traditional face lift if you are considering these procedures. It is, however, an effective way of postponing a mini facelift or traditional facelift for several years.

What are the possible side effects?
Side effects may include minor swelling and bruising. Complications are rare, but may include a small pucker at the entrance of the thread, or the thread may protrude from the skin. Unwanted effects such as these are easily treatable since the procedure itself is reversible.

Can this procedure be combined with other cosmetic procedures?
Yes. Dermal fillers and laser treatment can be added to enhance volume and texture.

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